

# JANUARY 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>9:30 Coffee and Tournament of Roses Parade</b> <b>12:30 Northern Walkers</b> 1:00 Chit Chats 2:00 New Year's Day Activities 4:00 Rose Bowl Game	<b>1</b> 9:30 Morning Huddle and Coffee 10:45 <b>Stretch and Balance</b> 12:30 Northern Walkers 1:00 Chit Chats 2:00 Ice Cream Cones, Games, Puzzles 3:30 <b>Book Club for the Soul</b>	<b>2</b> 10:00 <b>Worship in Chapel</b> 11:00 Morning Huddle 12:30 Northern Walkers 1:00 Chit Chats 2:00 Music Therapy and Time-Slip Story-Telling w/ Lynette and Sandy 3:30 <b>Devotions</b>	<b>3</b> 9:30 Morning Huddle and Coffee 10:45 <b>Stretch and Balance</b> 12:30 Northern Walkers 1:00 Chit Chats 2:00 Crafts 3:30 Finish the Line	<b>4</b> 9:30 <b>Catholic Service</b> 10:00 Morning Huddle 12:30 Northern Walkers 1:00 Chit Chats 2:00 Fresh Fruit Friday 3:00 Word Games and Puzzles	<b>5</b> 9:30 Morning Huddle and Coffee 12:30 Northern Walkers 1:00 Chit Chats 1:30 Baking 3:30 Mind Joggers
10:00 <b>Worship w/ Chaplain Chris</b> 12:30 Northern Walkers 1:00 Chit Chats 2:00 Hodge Podge 3:00 Games Galore!	<b>7</b> 9:30 Morning Huddle and Coffee 12:30 Northern Walkers 1:00 Chit Chats 2:00 <b>Bible Study</b> 3:00 Word Games	<b>8</b> 9:30 Morning Huddle and Coffee 10:45 <b>Stretch and Balance</b> 12:30 Northern Walkers 1:00 Chit Chats 2:00 Ice Cream Cones, Games, Puzzles 3:30 <b>Book Club for the Soul</b>	<b>9</b> 10:00 <b>Worship in Chapel</b> 11:00 Morning Huddle 1:00 Bake Sourdough Bread w/ Katie (Margie's Granddaughter) 3:30 <b>Devotions</b>	<b>10</b> 9:30 Morning Huddle and Coffee 10:45 <b>Stretch and Balance</b> 12:30 Northern Walkers 1:00 Chit Chats 2:00 Birthday Party 3:30 Finish the Line	<b>11</b> 9:30 <b>Catholic Service</b> 10:00 Morning Huddle 12:30 Northern Walkers 1:00 Chit Chats 2:00 Fresh Fruit Friday 3:00 Word Games and Puzzles	<b>12</b> 9:30 Morning Huddle and Coffee 12:30 Northern Walkers 1:00 Chit Chats 2:00 Hodge Podge 3:30 Mind Joggers
1:00 <b>Worship w/ Chaplain Elisa Bosley</b> 2:00 Afternoon Huddle 3:00 Games Galore!	<b>14</b> 9:30 Morning Huddle and Coffee 12:30 Northern Walkers 1:00 Chit Chats 2:00 Baking 3:30 Word Puzzles	<b>15</b> 9:30 Morning Huddle and Coffee 10:45 <b>Stretch and Balance</b> 12:30 Northern Walkers 1:00 Chit Chats 2:00 Ice Cream Cones, Games, Puzzles 3:30 <b>Book Club for the Soul</b>	<b>16</b> 10:00 <b>Worship in Chapel</b> 11:00 Morning Huddle 12:30 Northern Walkers 1:30 <b>Van Ride</b> 3:30 <b>Devotions</b>	<b>17</b> 9:30 Morning Huddle and Coffee 10:45 <b>Stretch and Balance</b> 12:30 Northern Walkers 1:00 Chit Chats 2:00 <b>Visit from Yoshi, the Golden Retriever, and His Human, Kolleen</b> 3:30 Finish the Line	<b>18</b> 9:30 <b>Catholic Service</b> 10:00 Morning Huddle 12:30 Northern Walkers 1:00 Chit Chats 2:00 Fresh Fruit Friday 3:00 Word Games and Puzzles	<b>19</b> 9:30 Morning Huddle and Coffee 12:30 Northern Walkers 1:00 Chit Chats 1:30 Baking 3:30 Mind Joggers
10:00 <b>Worship w/ Chaplain Chris</b> 12:30 Northern Walkers 1:00 Chit Chats 2:00 Hodge Podge 3:00 Games Galore!	<b>21</b> 9:30 Morning Huddle and Coffee 12:30 Northern Walkers 1:00 Chit Chats 2:00 <b>Bible Study</b> 3:00 Word Games	<b>22</b> 9:30 Morning Huddle and Coffee 10:45 <b>Stretch and Balance</b> 12:30 Northern Walkers 1:00 Chit Chats 2:00 Ice Cream Cones, Games, Puzzles 3:30 <b>Book Club for the Soul</b>	<b>23</b> 10:00 <b>Worship in Chapel</b> 11:00 Morning Huddle 12:30 Northern Walkers 1:00 Chit Chats 2:00 Hodge Podge 3:30 <b>Devotions</b>	<b>24</b> 9:30 Morning Huddle and Coffee 10:45 <b>Stretch and Balance</b> 12:30 Northern Walkers 1:00 Chit Chats 2:30 Oak Street Chapel Band - Community Room 3:30 Finish the Line	<b>25</b> 9:30 <b>Catholic Service</b> 10:00 Morning Huddle 12:30 Northern Walkers 1:00 Chit Chats 2:00 Fresh Fruit Friday 3:00 Word Games and Puzzles	<b>26</b> 9:30 Morning Huddle and Coffee 12:30 Northern Walkers 1:00 Chit Chats 2:00 Hodge Podge 3:30 Mind Joggers
1:00 <b>Worship w/ Chaplain Elisa Bosley</b> 2:00 Afternoon Huddle 3:00 Games Galore!	<b>28</b> 9:30 Morning Huddle and Coffee 12:30 Northern Walkers 1:00 Chit Chats 2:00 Baking 3:30 Word Puzzles	<b>29</b> 9:30 Morning Huddle and Coffee 10:45 <b>Stretch and Balance</b> 12:30 Northern Walkers 1:00 Chit Chats 2:00 Ice Cream Cones, Games, Puzzles 3:30 <b>Book Club for the Soul</b>	<b>30</b> 10:00 <b>Worship in Chapel</b> 11:15 <b>Lunch at Wings Cafe</b> 1:30 Afternoon Huddle 2:00 Hodge Podge 3:30 <b>Devotions</b>	<b>31</b> Note: The intent of the morning and afternoon activities is to have them naturally flow from one to another.	There may be times when the Life Enrichment Staff will start earlier or later, depending on what residents seem to be enjoying and responding to at the moment.	There may also be times when an activity is changed, again, dependent on what Life Enrichment Staff feels will be most beneficial to the residents.